



CITYWIDE-OVERSIGHT COMMITTEE
COORDINATED
CHILDREN'S SERVICES INITIATIVE
FAMILY CO-CHAIRS



Monique Lindsay,
Family/ Parent
Advocate

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Monthly Email Newsletter February 2024

Welcome to the February 2024 Newsletter from the Citywide Oversight Committee Family Co-Chairs...This month we acknowledge Black History Month and organizations that are supporting youth & families. We are invested in providing advocacy, resources and information. We would like to extend a heartfelt thank you to each and everyone of you in supporting this newsletter designed with you in mind. With much appreciation Karmita & Monique

ccsicofamilycochairs@vibrant.org

We are here to support students,
parents, caregivers and families.

Send us information, resources,
articles, family voices, stories,
events, poetry and much
more.....

Celebrate BLACK HISTORY With Us

We extend an open Invitation for input from
parents, community members, leaders
caregivers, caretakers, advocates, teachers,
organization staff etc

Hello February

Finding your voice is never
Easy. It requires courage and
Belief in yourself to
Radiate confidence. Never
Underestimate the power of
Authenticity, for it brings
Resilience and strength to
Your words, actions and Journey

OurMindfulLife.com



“Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.” – Harriet Tubman



SPOTLIGHT

MAMIE PHIPPS CLARK, PH.D. AND KENNETH BANCROFT CLARK, PH.D.



Mamie Phipps Clark was the first African American woman to earn a doctorate degree in psychology from Columbia University. She previously earned both her bachelor's and master's degrees from Howard University. Her experience in college and specifically graduate-level courses helped her realize the shortage of psychological services available to the African American community and other minorities.

The Clarks are best known for the famous “Doll Study” in which more than 200 Black children participated. Both Mamie and Kenneth Clark worked on this study, providing invaluable evidence in favor of ending school segregation in the supreme court case *Brown vs. The Board of Education*, citing that school segregation was psychologically harmful to black children. Dr. Kenneth Clark was the first-ever black president of the American Psychological Association.

Dr. Mamie Phipps Clark's dedication and passion for adequate mental health services for all prompted Dr. Clark to open her own agency to provide comprehensive psychological services to the poor, blacks, and other minority children and families.

In February 1946, Dr. Clark and her husband opened the doors of “The Northside Center for Child Development” for those in the Harlem area. She worked in the center counseling and providing other psychological services from 1946 until 1979 when she retired. Although retired, Dr. Mamie Phipps Clark served on different advisory boards and was still very active within her community.

[**https://www.mhanational.org/\(2024\)**](https://www.mhanational.org/(2024))

SHARING INFO & RESOURCES



A Fireside Chat with
Dr. Marlene Freeman
and **Dr. Ken Duckworth:**

**Psychiatric Medications and Considerations for Individuals
Across Pregnancy, the Postpartum and Reproductive Years**

March 7, 2024 | 4:00–5:30 p.m. ET

CCSI BOROUGH BASED COUNCIL MEETINGS

BRONX BROOKLYN QUEENS MANHATTAN ,& STATEN ISLAND

SEE CALENDAR BELOW

THE COORDINATED CHILDREN’S SERVICES INITIATIVE (CCSI) OF NEW YORK CITY IS A UNIQUE CROSS-SYSTEMS FORUM THAT BRINGS TOGETHER PARENTS, CAREGIVERS, YOUTH, AND SERVICE PROVIDERS THROUGHOUT THE FIVE BOROUGHS OF NYC ON A MONTHLY BASIS TO CREATE MEANINGFUL DIALOGUE, SHARE RESOURCES, AND ADVOCATE FOR INCREASED AWARENESS AND QUALITY ACCESS TO CARE FOR CHILDREN AND YOUTH WITH MENTAL AND EMOTIONAL HEALTH CHALLENGES. USING THE SYSTEM OF CARE MODEL*, CCSI MEMBERS TACKLE SOME OF THE TOUGHEST BARRIERS STANDING IN THE WAY OF YOUTH RECEIVING COMPREHENSIVE AND STREAMLINED SERVICES TO SUPPORT THEIR HEALTH AND WELL-BEING AND WORK TOGETHER TO ADVOCATE FOR POSITIVE CHANGE. (CCSI 2024)



Coordinated Children’s Services Initiative.
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DID YOU KNOW?

Positive Parenting Program

The Triple P – Positive Parenting Program® is a parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.

Triple P draws on social learning, cognitive behavioral and developmental theory as well as research into risk factors associated with the development of social and behavioral problems in children. It aims to equip parents with the skills and confidence they need to be self-sufficient and to be able to manage family issues without ongoing support.

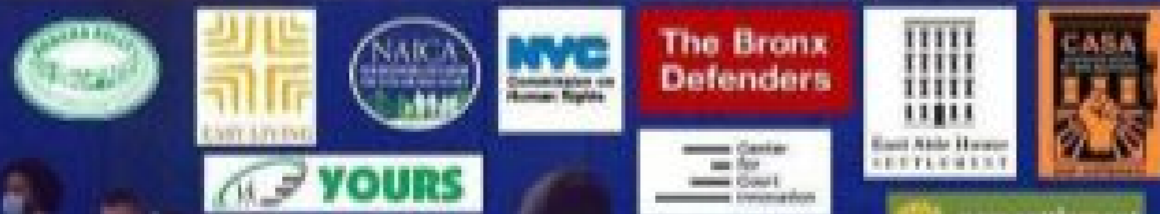
The PILLARS is offering four different programs:

- Managing Fighting and Aggression**
- Developing Good Bedtime Routines**
- Hassle Free Shopping with Children**
- Dealing with Disobedience**

These programs are for families with children 12 years old or younger, and for residents of Manhattan, Queens, and the Bronx. You'll receive a physical workbook to refer back to as you're equipped with new parenting skills. If you attend all four classes, you will receive a certification of completion! The classes will take place from 6-9pm on Thursdays (on zoom). Attend to receive a certificate! To sign up go to, <https://www.pillarsnyc.org/trainings>

OUR NEEDS GET INVOLVED

Bronx Housing Forum



5:30 - 8 pm
Thursday, March 21
1501 Jerome Ave.
Bronx, NY 10452

RSVP: bit.ly/BxHF24



Families Together In New York State **FAMILY EMPowerMENT DAY 2024** OUR VOICE SHAPES POLICY.

SAVE THE DATE
TUESDAY, MARCH 19TH
RALLY & MARCH AT THE CAPITOL
The Well, Legislative Office Building
198 State St, Albany, NY 12210

www.ftnys.org